

June

Unity LiveWire

2010

“Easy Does It”

• area54.org •
aaloraincounty.org

710 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM Phone 440 246-1800
Lorain Inter-Group Central Office email address: lorainaa@live.com

“First Things First”

• aa.org •
aaloraincounty.org

Step Six (from AA Grapevine, April 1946, Vol. 2 No. 11)

"We're entirely ready to have God remove all these defects of character."

For one who has been following the Steps in the order in which they are presented in the book, the application of the 6th Step would come about almost automatically. However, few do follow the Steps in their numerical order, and it is not necessary to do so. After concurring in the 1st Step, which of course is the impelling reason for anyone seeking A.A., many have progressed by taking the other Steps in the order in which they seemed to come most easily.

Nevertheless, the 3rd, 5th, 6th and 7th Steps seem to fall into a natural group. One leads to another; the practice of one helps in the practice of the other three.

Certainly anyone who has applied the 3rd Step and "made a decision to turn our will and our lives over to the care of God as we understood Him," is at least nearly ready "to have God remove all these defects of character."

Being "entirely ready" is vital phraseology. If one is "entirely ready" he has rid himself of the last vestige of reservations. He is ready to go the whole length in making use of the Power.

All of these Steps, in fact, are a conditioning for the application of "the thing that works" in A.A., to express it as countless many have expressed it and countless others will express it in the years to come.

Logic suggests that the 6th Step is preparation for the 7th. And the preparatory stage is important. In this Step, the action is mostly spiritual, or mental, if one prefers the latter word. It is, in any event, attaining a certain state of mind. This state of mind is one of acceptance and of complete willingness to try what in many cases is a new idea, or an old idea long forgotten and now newly revived. It is a state of mind in which there are no longer any reservations. As long as reservations remain it is doubtful if the individual is "entirely ready." He may be almost ready but not "entirely."

One approach to the development of this desired state of mind is through a review of the drinking history and of the repeated failure to control the drinking. Through this procedure, one again reminds himself of the fact he has finally had to face--that he cannot do it alone and that he must have help. The group will help, of course. All of the techniques of A.A. will carry the individual a long way a long time. Some say indefinitely, but no conclusive measure is yet available.

On the other hand, many believe by virtue of their own experience and the experience of others, that when one qualifies on the 6th Step he stands at the threshold of true and lasting progress, of real growth and of unprecedented happiness.

Many have come up a long way in A.A. without applying the 6th Step, and are still traveling upward. The 6th Step cannot be said to be an early "must" in the program. There are few "musts" in A.A.

Furthermore, many will apply the 6th Step without being aware of it and without considering it separately from the other Steps. Some, in fact, have already reached the state of acceptance called for in this Step, by the time they seek A.A. Others reach the same receptive attitude when they become receptive to the 3rd Step.

Whenever and however it occurs, the application of the 6th Step is furthered by the development of a hope, at least, that an unlimited Power can be drawn upon for help. Even if the individual has no more than a hope in the beginning, he can attain a state of readiness.

The development of such hope may be furthered by giving thought to the fact that the experience of many in A.A. has demonstrated that the great promises implied in the 6th Step can be fulfilled in abundance.

One Day at a Time...

The Fellowship keeps us grounded in the current moment. We learn to live today. Our planning and scheming and dreaming about tomorrow becomes less time consuming. The idea of living one day at a time makes sense to us. Our Program teaches us that life is not about to happen, it is happening, and each moment is important.

When we concentrated only on the future, we couldn't be happy with today. We thought if we could only get to tomorrow, things would be better. Tomorrow never comes, so we were always trapped in a hopeless situation. Now we live one day at a time, and grow moment by moment.

Recovery is about today and living life in the present. Since I no longer have to manage the universe, I have only myself to worry about today. I can let my Higher Power take care of tomorrow.

Amherst 'Who Me'
8:00 PM
 Congregational Church
 379 Main St.
 1st Joe M
 8th Sam H
 15th James M
 22nd Craig C
 29th Jim M

Avon Tues. Night 'The Barn'
8:30 PM
 Methodist Church
 37711 Detroit Rd.
 1st Tom Kelly
 8th Doc H
 15th Joey Supina
 22nd Lee C
 29th Sober Alcoholic

Midnight Elyria Group
12:00 AM
 St. Mary's Church
 4th & Middle Ave.
 5th James P. (Toad)
 12th Larry H.
 19th James M.
 26th Mike D.
 (free dinner)

G.S.R./D.C.M. Meeting: The Multi-District meeting is held at 11 AM on the 1st. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting.

The Lorain Inter-Group Meeting is the 1st. Sunday of the month at 12:30 PM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Be Active)

Advisory Board Meeting: The meeting will be held at 6:30 PM on the 3rd. Wednesday of the month, at the Inter-Group Office.

Lorain Inter-Group 50/50 Raffle
 Lorain Inter-Group 50/50 Raffle Winner: Antonio R. , \$88.00 was Just another way that you can Help support the Lorain Inter-Group. Buy a TICKET . Be A Winner.

Monday Night Lorain
7:30 PM
 1741 N Ridge Rd.
 Zion Lutheran Church
 5100 Ashland Ave
 7th Santos
 14th Brenda G.
 21st. Tommy O.
 28th Halie R.

Thurs. Night Compass Group
8:00 PM
 St. John's Catholic Church
 Rt. 57 & Homewood Dr.,
 3rd Karen Kenard Hoover
 10th Fred I.
 17th Katie Ings
 24th. Sue B.

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Step 6: Were entirely ready to have God remove all these defects of character.

Promise 6: That feeling of uselessness and self-pity will disappear.

Tradition 6: An A.A. Group ought never endorse, finance, or lend the A.A. Name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Concepts 6: The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

Thought to Ponder . . . The difference between humiliation and humility is simple. Humility is what comes after we are sick and tired of being humiliated.

Gratitude should go forward, rather than backward. (AS BILL SEES IT, p. 29)
 I am very grateful that my Higher Power has given me a second chance to live a worthwhile life. Through Alcoholics Anonymous, I have been restored to sanity. The promises are being fulfilled in my life. I am grateful to be free from the slavery of alcohol. I am grateful for peace of mind and the opportunity to grow, but my gratitude should go forward rather than backward. I cannot stay sober on yesterday's meetings or past Twelfth-Step calls; I need to put my gratitude into action today. Our co-founder said our gratitude can best be shown by carrying the message to others. Without action, my gratitude is just a pleasant emotion. I need to put it into action by working Step Twelve, by carrying the message and practicing the principles in all my affairs. I am grateful for the chance to carry the message today!

"It's OK to look back, just don't stare." Michael Z., *TheWisdomoftheRooms.com*

A few weeks ago my brother published a memoir about the early years of our family's life in this country (we emigrated from England in the late 50's). It tells the story of the rapid and painful breakup of our family due to my father's alcoholism, and there are some harrowing scenes that were painful for me to read. When I finished the book, I was pretty shaken up, but after a few days I felt myself again. I was grateful for this and remembered that it wasn't always this way.

Before recovery I was lost in the resentment, fear and misunderstanding of my upbringing. I spent many years secretly wishing it had been different, and many more hating what had happened and what had been done to me. When I looked back on it I would dwell on the wrongs that had been done, and the loathing I had for "them" soon turned into the self-loathing of my own alcoholism. Without recovery, it surely would have destroyed me as it had my family.

Through recovery, I have learned to sift through my past to find the lessons and even the gifts it has to offer. I know now that my upbringing and my experiences allow me to help others in a way that no one else can. This is one of the miracles of recovery. Today I don't have to relive my past, but I don't have to shut the door on it either.

Today I know that it's OK to look back, as long as I don't stare.

Elyria Sunday Night Group

St. Jude's

Breakfast in the Park

Join us at

High Meadows Park, Ford Road in

Elyria

(behind Elyria Wal-Mart near Midway Mall)

Breakfast: 9:00 a.m.

Lead: 10:00 a.m.

Dates:

June 20

July 18

Aug. 15

Breakfast includes:

Scrambled eggs, Cheesy hash brown potatoes, bacon, sausage, toast, juice, and coffee.

Breakfast Cost: \$3.00

Friends of Bill W.

Picnic

Sunday, June 20, 2010

Noon - 5 pm

Birmingham Methodist

Youth Center

South Street, Birmingham

Food, burgers and dogs and drinks on us

Bring a dish to share.

Games for the kids, door prizes and a 50/50 raffle.

We had a great time last year, come join us for our annual gathering of fellowship and fun!

Anyone willing to help or donate please call the numbers below.

For info or tickets call:

Sue 440-309-0491

Art 440-773-9474

28th ANNUAL NEW LONDON CAMPOUT

Thursday June 24th
through

Sunday June 27th, 2010

New London Recreation
Park,

New London, Ohio

Grove Street

(off State Rt. 60)

For more information call:

Bas and Judy Elliott

419-929-0054

Mary Ott 419-668-4122

Pat Morgan 440-225-0125

Larry Nagy 440-965-4165

14th Anniversary

June 28, 2010

New Life Women's

Discussion Group

New Life Church

38079 Center Ridge

Road, North Ridgeville

Food :700 pm

Lead: 7:30 pm

Area 54 Open House

Picnic

June 27, 2010

12:00 pm --

Speaker at 3:00 (Mary B.)

Edgewater Park-Upper Pavilion

Covered Dish Appreciated

For more info or volunteer
opportunities call:

Beverly R. (216) 647-5291

Tamra P. (216) 235-6204

Visit the Area 54 website at

<http://www.area54.org/>

AA Al Anon

Freedom Day Breakfast

Monday, July 5, 2010

9:00 a.m Breakfast

10:00 a.m. Gratitude Meeting

St. Peter's Church Gym

35777 Center Ridge Rd.

N.Ridgeville, OH

50/50 Raffle

Al Anons bring muffins

Hat will be passed to cover the cost of
breakfast

New Big Book

Meeting

Saturday Night @ 8:00

PM

Pilgrim United Church of
Christ

523 E.Broad ST & Winckles
St. Elyria

• June Anniversary •

6th. James P. (Toad) 1 yr.

9th. Tom C. 26 yrs.

12th. Larry H. 22 yrs.

24th. Jason P. 11 yrs.

Phone Line Report:

Month of May 2010

12 Step Calls.....	11
Sponsorship.....	4
Al-A-Non.....	5
Meeting Info.....	104
General Info.....	62
Phone Service.....	87

Total:.....273...

Rationalization

"We 'constructively criticized' someone who needed it, when our real motive was to win a useless argument. We were depressed and complained we felt bad, when in fact we were mainly asking for sympathy and attention. This odd trait of mind and emotion, this perverse wish to hide a bad motive underneath a good one, permeates human affairs from top to bottom. Learning daily to spot, admit, and correct these flaws is the essence of character-building and good living." Bill W., Twelve Steps and Twelve Traditions, pp. 94-5

Happy
Father's
Day!

For information on Cocaine Anonymous, Narcotics Anonymous or Al-Anon meetings, please contact the Intergroup office at 440-246-1800.

*To submit information for the news letter please contact:
Vicki T. 440 225-1314, Jim Parks 440 385-5687, Bobbi Matear 440 537-4280, Opal A. 440 670-6619, Donna L. 440 574-3464, Amy D. 440 714-7444, via: Call, email or leave the information at the Inter-Group Office before the 25th. of each month.



ATTENTION: Lorain County A.A. Community - help needed on various Committees! If interested, please contact one of the Advisory Board Members and **VOLUNTEER!!!! Help Make A Difference!!**

Committee Chairs

Unity LiveWire Committee

Vicki Tomlinson..... 440 225-1314

*e mail vickitom@oh.rr.com

Jim Parks.....440 385-5687

*e mail jbparks2542@yahoo.com

Internet Committee (aaloraincounty.org)

Mike.....440 670-9910

e mail webmaster@aaloraincounty.org

Cooperation with the Professionals Committee

Alan Revercomb440 541-2473

Correctional Committee

Alan Revercomb440 541-2473

Archives Committee

Linda S.440 240-1189

Young Peoples Committee

John Flores.....440 308-5421

Picnic Committee

Art C.....440 773-9474

Sue Koons.....440 309-0491

Treatment Facilities Committee

Chairperson needed NEED VOLUNTEERS

Pig Roast Committee

Troy Smith.....440 365-9018

Special Needs Committee

Yolanda A.440 541-4843

Memorial Day Breakfast Committee

Terry Poznako.....440 225-6897

Grapevine Committee

Linda S.440 240-1189

Coretta Farley440 308-1714

District Committee

District 19A (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton DCM Ellen Winson.440 327-8812

District 19B (Lorain City Meetings and some in Vermilion)

DCM. Yolanda A.440 541-4843

District 20A (All of Elyria City Meetings a Carlisle)

DCM. Judy Sexton.440 322-2619

Alt. DCM Patty McMullen.....440 365-3778

District 20B (All Meetings at ARID Club)

DCM. Debbie McConnell.....440 277-0162

District 20C(LaGrange, Penfield, Brownhelm

Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Tnsp., Pittsfield Tnsp., BrightonTnsp., Wellington Meetings)

DCM. Patti Rodgers440-284-6677

Alt DCM Donna Lawson.....440 574-3464

Financial Report

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the Month of April, 2010.

<u>Expenses</u>		<u>Donations/Rents</u>	
1.Rent	\$650.00	<u>By Week</u> 1.....	\$980.00
2.Columbia Gas	\$161.00	2.....	\$790.25
3.All Service Telephone Answering	\$172.25	3.....	\$1,306.53
4.Ohio Edison 710 Broadway	\$177.34	4.....	\$803.56
5. Time Warner	\$90.80	5.....	\$985.30
6. House Managers	\$1,576.26		<u>\$4,865.64</u>
7.Pay Cor Fees	\$64.29		
8.Live Wire Printing	\$69.00		
9. Berry Yellow Pages	\$20.05		
10. Janitor Supplies, 6 Cases Hand Towels , 1 Case Toilet Paper	\$192.00		
	<u>\$3,172.99</u>		

<u>Month of</u>	<u>Donations/Rents</u>	
<u>April 2010</u>	\$4,865.64	
	Coca Cola Sales	\$43.82
	Total Income	\$4,909.46
	Expenses	<u>\$3,172.99</u>

Total Gain April, 2010 **\$1,736.47**

Rents: **Month of April, 2010**

1. Friday Morning Survivor
2. Mid Week Morning discussion
3. Never Too Young
4. Serenity Hall
5. Sharing Our Sobriety
6. Spanish American
7. Strength In Sobriety
8. Tuesday Night Central
9. Unity Hall Discussion
10. We Care Tuesday

When making Donations to the Lorain Inter-Group, Area 54, Multi-District, or the General Service Office in New York. PLEASE put your Groups General Service number on the Donation. You can find your Groups General Service number in the meeting schedule or on the internet at aaloraincounty.org under A.A. Meetings. Please put your Area & District numbers on the donation, it also helps to identify your Group. If you don't have a General Service number under your Groups information in the meeting schedule you can contact your District Committee person listed in the LiveWire to help you get registered.

Donations

- | | |
|-------------------------------------|---------------------------------------|
| 1. 12 X 12 Discussion Avon Lake | 20. LCCC After Lunch Bunch |
| 2. Amherst Who Me | 21. Lorain Inter-Group 50/50 Raffle |
| 3. Anonymous | 22. Mid Week Morning discussion |
| 4. Blue Monday | 23. Midnight Elyria Group |
| 5. CBS Big Book Step Study | 24. Monday Night Lorain |
| 6. Compass Group | 25. North Ridgeville Men's |
| 7. Elyria Friday Night | 26. Oberlin Breakfast Group |
| 8. Elyria New Way of Life | 27. Oberlin Group |
| 9. Elyria Sunday Night Group | 28. Oberlin Women's Closed Group |
| 10. Elyria Women's Discussion | 29. Rainbow Group |
| 11. Friday Free For All | 30. S.I.O.G.A. |
| 12. Friday Morning Survivor | 31. Saturday Morning Discussion |
| 13. Friday Night Amherst | 32. Sheffield Lake Civic Center Group |
| 14. Friday Night Faith Group | 33. Sheffield Lake Monday Night |
| 15. Friday Night Sobriety | 34. Spanish American |
| 16. Grafton Wednesday Night | 35. Strength in Sobriety |
| 17. Joy of Living Women in Recovery | 36. Tuesday Morning Discussion |
| 18. LaGrange Monday Night | 37. Vermilion Discussion |
| 19. LaPorte Tuesday Group | 38. Vermilion Tuesday Night Group |

Board Of Directors

Chairperson	Troy Smith.....365-9018
Vice-Chairperson	Ken Cain..... 322-2496
Treasurer	Bill Post.....933-4153
Secretary	Mark Potter.....452-5946
Office Managers	Sam Hensley.....288-4942
	Tom Niemiec.....258-7286
	Keith Shagie.....258-1159

Advisory Board Members

Tom Ortiz.....	315-8600
Tom Banks.....	309-3226
Bill Jackson.....	935-3251
Terri Poznako.....	225-6897
Nikki Lustek.....	409-2136
Donna Lawson	574-3464
Alan Revercomb.....	541-2473
Vicki Tomlinson.....	225-1314
Greg Hayes.....	371-3835
Rich Yowler.....	477-1019