

**June**

“Easy Does It”

• area54.org •  
aaloraincounty.org

# Unity LiveWire

577 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM

Phone 440 246-1800

Lorain Inter-Group Central Office email address: [intergroup@centurytel.net](mailto:intergroup@centurytel.net)

**2008**

“First Things First”

• aa.org •

aaloraincounty.org

## **6th Step: Were entirely ready to have God remove all these defects of character.**

I HAVE attacked Step Six many times. It has attacked me in return. We have had open warfare, and we have had moratoriums. For periods of time, I have purposely ignored this Step. Often, I have stated that it did not make sense to me.

The battle began some years back, when I regularly attended Step-discussion meetings. I had done my best on the first five Steps, I thought. I had even made a written list of all my defects. They counted up to twenty-seven.

Following the example of an old-timer friend of mine, whose quality of sobriety I admired, I printed, in ink, each one of my separate defects on a white poker chip. Then all twenty-seven chips went into a small, fat, yellow pitcher. Every morning on awaking, I plunged my hand into it (like picking a number from a goldfish bowl) and came up with the "chip for today." The defect might be anger, fear, pride, resentment, gossip, snobbery, self-pity, and so on, but whichever one it was had to be concentrated upon for the next 24 hours, and either reduced to a minimum or cast away.

It was a kind of game. I enjoyed wrestling with one "defect" a day. I felt I was making progress, really working the AA program. It hadn't yet occurred to me that I had gone overboard on this "defect" business. Twenty-seven indeed! How is that for the "pride" defect? Of course, most of them were not serious flaws of character, such as the inability to be honest with oneself. Most were bad habits possessed, in some degree, by most humans.

Nevertheless, I kept up this game for two or three years, telling many AA friends about it and urging them to go and do likewise. I explained that, although the Step suggested that God would remove these defects when and if I became ready to let go of them, I was of the school that believed in the saying "Pray for potatoes, but reach for the hoe." I did ask my Higher Power to lend a hand on the day's defect I happened to confront, but I felt that He expected me to use energy on rooting it out of my character.

Still, these dozens of defects I had laid claim to kept cropping up again and again, over and over. It seemed that the harder I fought them, the harder they fought back. I became quite discouraged. I decided I had been willing, I had tried, and I would now let Number Six, and myself, have a vacation. I put the little yellow pitcher on a shelf behind some books and only now and then dipped into it. I kept busy and active in AA; I felt comfortable being sober; I was trying to practice the AA principles in all my affairs. Then, out of nowhere, came a deep resentment toward an AA friend. I agonized over it, prayed over it, but discussed it with no one. I had insomnia, indigestion, and fatigue. (Any good doctor can tell you that negative emotions make people physically ill.)

Fortunately, just about that time our group was slated for discussion of Step Six. I opened my copy of Twelve Steps and Twelve Traditions and read the Step all the way through. Although I had read it many times before, it seemed as if I saw its meaning for the first time. I gathered that, instead of fighting mightily against a defect, I had to let go of it. Just simply open up my hands, my heart, and my mind and say to my Higher Power. "Here it is, this defect. I give it to you. Please remove it from me." In this case, it was the bitter and destructive resentment that I wished to be rid of. And so it happened. It faded away and never returned.

Since then, I have followed the same procedure on other serious emotional problems, with the same result. I just have to keep in mind that if I am not 100 percent sincere in my willingness to be rid of the problem, the procedure won't work. I have come to realize that Step Six means exactly what it says. No more, no less. When, and if, I become ready to have painful, inhibiting, or long-standing flaws removed, they will be. Not always permanently, not all of them. But if and when they return, they will be weaker and much easier to let go of. As for all those bad habits I once listed as defects, I am trying to arrest them a day at a time, as I do my alcoholism.

A little progress has been made on pride. I can now admit that most of my troubles stem from one large and glaring defect: self-centeredness. For how can I wallow in self-pity, weep over resentments, be sick with righteous anger, ache with envy, tense up with fears and anxieties unless all my thoughts are exclusively on poor me?

A long time ago, a very wise man, Marcus Aurelius, wrote: "A man's life is what his thoughts make it." Through Step Six, I have learned how true this is. I may never comprehend it fully, yet I know its value to me. It calls forth the most precious asset any recovering alcoholic can have: the willingness to get out of the driver's seat, to stop trying to run the show. I need to keep the Sixth Step message of letting go and letting God in my own thoughts at all times.

F. C. Manhattan, New York

**Mon. Night**

**Lorain**

**7:30 PM**

Zion Lutheran Church  
5100 Ashland Ave.

**2nd. LaPhenie C.**

**9th. Tim M.**

**16th. Bonnie L.**

**23rd. Jeff K.**

**30th. Stanley W.**

**Fri. Night**

**Faith Group**

**11:00 PM**

1741 N Ridge Rd.

**6th. 6th. Step**

**13th. John F.**

**20th. Renee L.**

**27th. Red Ball**

**LaPorte**

**Tues. Group**

**8:00 PM**

Christian Church  
301 Washington Ave.

**3rd. Scott B.**

**10th. Jeff K.**

**17th. Jessica W.**

**24th. Harvey T.**

**G.S.R./D.C.M. Meeting:** The Multi-District meeting is held at 11 AM on the 1st. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting.

**The Lorain Inter-Group Meeting** is the 1st. Sunday of the month at 12:30 PM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Be Active)

**Advisory Board Meeting:** The meeting will be held at 6:30 PM on the 3rd. Wednesday of the month, at the Inter-Group Office.

We have the honor this year to host the Area 54 picnic. Area 54 is all of Northeast, Ohio. We will need many volunteers to be on the Picnic committee, helping to cook, clean up, make signs, and donations of money from those Groups that can afford to donate. The Lead Speaker at the Picnic will be Judy S. From Elyria, Ohio. If you are willing to help, or wish to donate to help defray the costs; Please call , Mary Ann S. at 440-453-4115, Tom Ortiz 440 315-8600, Judy Sexton 440-322-2619, or . We need the help of Lorain County A.A.'s. The Picnic Will be Sunday, June 22, 2008 from Noon to ? at the Oakwood Park on East 36th. Street.

**Thought For the Day:** This program is a way of life. It is a way of living that we need to learn if we're going to remain free of our affliction. The Twelve Steps are like guideposts that point the direction in which we must go. But members of the group must find their own best way of living the program. We don't all do it exactly alike. Whether by quiet times in the morning, by meetings, working with others, spreading the word, we have to learn to live the program.

I will relax and not get tense. I will have no fear, because everything will work out in the end. I will learn soul-balance and poise in a vacillating, changing world. I will claim God's power and use it, because, if I do not use it, that power will be withdrawn. As long as I get back to God and replenish my strength after each task, no work can be too much.

**Concepts 6:** The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

**Step 6:** Were entirely ready to have God remove all these defects of character.

**Promise 6:** That feeling of uselessness and self-pity will disappear.

**Tradition 6:** An A.A. Group ought never endorse, finance, or lend the A.A. Name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

**Mid- Night**  
**Elyria Group**

**Sat. 12:00 PM**

St Mary's Church  
4th & Middle Ave.

**7th. Jackie**

**14th. Dale**

**21st. Tom**

**28th. Al C.**

**Lorain**  
**Consolidated**

**Sun. 2:30 PM**

577 Broadway

**1st. Allen R.**

**8th. Tom N.**

**15th. Darrell C.**

**22nd. Yahum S.**

**27th. Sarah L.**

***June***  
***15th.***  
***Father's***  
***Day***

**Celebrate!!**

**Founders' Day**

73rd. Anniversary of Alcoholics Anonymous

June 6 • 7 • 8, 2008

Akron, OH Birthplace of A.A.

Cost: \$17.00

Registration packages are also available at the Lorain InterGroup

Central Office and the Akron

Internet [www.akronaa.org](http://www.akronaa.org)

• June Anniversaries •

1st. Orval C. 40yrs.

3rd. Melani 16yrs.

9th. Thomas C. 24yrs.

12th. Larry H. 20yrs.

14th. Bonnie L. 5yrs.

14th. Vickie S. 2 yrs.

14th. Bob P. 13yrs.

24th. Darrell C. 3yrs.

26th. Sarah L. 1yr.

29th. Scott C. 20yrs.

**PEOPLE NEEDED** to speak to the patients at Elyria Memorial Hospitals psychiatric unit on Thursday at 4:00PM. Call Mike Heller 440-309-7983.

Need A. A. Volunteers to Speak, Lead and or Assist at the Lake Point Nursing Home on Monday's 7 PM. Contact Coretta Farley. 308-1714

New York General Service has announced upcoming vacancies for Trusted Servant positions on the General Service Board. Information is available at the Inter-group office for those that may be interested.

"Alcoholics Anonymous does not work in theory --  
It only works in practice!"

**Thought to Ponder . . . I'm not alone anymore.**

Lorain Inter-Group 50/50 Raffle Winner: Sam H. \$ 116.00, Sold by Sam H.. Just another way you can Help support the Lorain Inter-Group. Buy a **TICKET** from any Advisory Board Member.

## Area 54 Picnic

June 22nd. 2008

Noon till ?

### Oakwood Park

2729 East 31st. Street

Lorain, Ohio 44055

Hamburgers / Hot Dogs

Provided

Please bring Covered

Dish To Share

(and Lawn Chair to sit on)

Lead: 3:00 PM

Judy Sexton

D.C.M. Dist. 20A, Elyria

For More Info Please call

MaryAnn Schulz 440-453-4115

Tom Ortiz 440-327-1308

Judy Sexton 440-322-2619

Donations Appreciated

## Easy Does It

MULTI-DISTRICT 7, 8 & 48

1st Annual Chicken Roast

Sunday, June 15th, 2008

10:00am until ?

Waddell Park

Niles, Ohio

1-80 East to exit #223

State Route 46 North

Lead at 2:00pm – Jack M.

(from Cumberland, W.V.)

Carryout will be available

Tickets for a \$10.00 Donation

## Arid Club

“Sunday Bike Day”

All Summer!!!

Starting May 4th.

3:00 PM

1741 N. Ridge Rd.,

(Food For Sale)

## Friends of Bill W

### Picnic

Supported by the home groups of Lorain County

We need gifts to raffle or cash donations to

support it

July 13, 08 12:00 -5:00pm

Brimingham Methodist Youth Center

South Street, Brimingham

Please Bring cover dish to share

Games for Young and Old

corn hole, softball, volleyball and kids games

So don't forget your gloves and bats/lawn chairs

50/50

Things provided: Hot dogs and hamburgers  
and buns. Coffee, punch, grill if you want to cook

Contact persons

Title: Chairman Name: Susie P 440-309-0491

Title: Co-chair Name: Tom B 440-309-3226

## 25th ANNUAL NEW LONDON

### CAMPOUT

When: Thurs. June 26st through

Sun. June 29th, 2008

Where: New London Recreation Park,

New London, Ohio

Grove Street (off State Rt. 60)

• AA Leads and Meetings •

• Old Timers Panel

• 50/50 Raffles •

(All WeekEnd Fun & AA.)

Sat. 3:00 P.M. Pot Luck Dinner

• Bring your favorite dish •

Cost: \$12.00 per unit, per night

For More Info. Call:

• Bas and Judy E. 419-929-0054

• Mary O. 419-668-4122

• Pat M. 440-949-1079

## Elyria Sunday Night Group

St. Jude's

Breakfast in the Park

Join us at

Cascade Park in Elyria

West River Road Entrance

9:00 Breakfast

10:00 Lead

Dates:

June 15

July 20

Aug. 17

Breakfast includes:

Scrambled eggs,

hash brown potatoes,

bacon, sausage, toast, juice,

and coffee.

Breakfast Cost: \$3.00

## Survivors List:

Groups in need of

**Support** to stay afloat Please

Attend, Contribute,

Be Active, Help Chair,

Be a Secretary,

Be Responsible

**Friday Morning Traditions**

Fri. 10:00 AM

St. Clarence Church

30106 Lorain Rd. N. Olmsted

**Sat. Young Person's Gp.**

Sat. 2:00 PM

**Elyria St. Mary's**

Sun. 8:00 PM

**Tues. Lunch Break**

Tues. 12:00 Noon

**Friday Night Faith**

Fri. 11:00 PM

Arid Club, 1741 N. Ridge Rd.,  
Sheffield Township

**St Agnes Thurs. Group**

Thurs. 8:00 PM

St. John's Luthern Church

W. River Road

We Need Your Help!!

Don't let them Close

**HELP SUPPORT**

**THE GROUPS.**

\*To submit information for the news letter please contact: Jim Parks 440 385-5687 or Bobbi Matear 440 537-4280 via: Call, \*email or leave the information at the Inter-Group Office before the 25th. of each month.

We need volunteers from our Lorain County A.A. Community to help on all these various Committees listed, if anyone is interested please contact one or more of the chairperson and **VOLUNTEER!!!!**  
**Help Make A Difference**

**Committee Chairs**

**Unity LiveWire Committee**

Jim P. ....440 385-5687  
 \*e mail jbparks2542@yahoo.com

**Internet Committee (aaloraincounty.org)**

Mike.....440 670-9910  
 e mail webmaster@aaloraincounty.org

**Cooperation with the Professionals Committee**

Alan Revercomb .....440 541-2473

**Correctional Committee**

Eddie Logan..... 440 829-7541

**Archives Committee**

Mary Ann Schulz.....440 453-4115

**Young Peoples Committee**

John Flores.....440 308-5421

**Treatment Facilities Committee**

Edwin Torres.....440 989-0362

**Picnic Committee**

Sue Prosser.....440 309-0491

**Finance Committee**

Mark Potter.....440 452-5946

**Pig Roast Committee**

Troy Smith.....440 365-9018

**Special Needs Committee**

Maggie Middleton.....440 775-1274

**Memorial Day Breakfast Committee**

Terry Poznako.....440 225-6897

**Grapevine Committee**

Sarah Lamb.....440 787-7520

**District Committee**

District 19A (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton

DCM. MaryAnn S. ....440 453-4115  
 e mail maschulz@oh.rr.com

District 19B (Lorain City Meetings and some in Vermilion )

District 20A (All of Elyria City Meetings a Carlisle)  
 DCM. Judy S. ....440 322-2619

District 20B (All Meetings at ARID Club)  
 DCM. Kevin Snodgrass ....440 241-7166

District 20C(LaGrange, Penfield, Brownhelm Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Twsp., Pittsfield Twsp., Brighton Twsp., Wellington Meetings)  
 DCM.Donna L. ....440 574-3464

**Let Go Let God**

**Financial Report**

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the month of April, 2008.

<u>Expenses</u>		<u>Donations</u>	
1. Rent	\$ 700.00	1.....	\$ 505.25
2. Columbia Gas- Monthly Budget	\$ 274.00	2.....	\$ 1,918.90
3. All Service Telephone Answering	\$ 140.88	3.....	\$ 787.11
4. Ohio Edison	\$ 185.38	4.....	\$ 104.72
5. Century Telephone	\$ 126.90	5.....	\$ 507.41
6. House Managers	\$ 1,112.31		
7. Pay Cor Fees	\$ 92.25		\$ 3,823.39
8. Live Wire Printing	\$ 64.00	<u>Donations/Rent</u>	\$ 3,823.39
9. Memorial Day Breakfast Tickets	\$ 49.00	<u>Expenses</u>	\$ 2,777.90
10. Window Decorations	\$ 9.82		
11. Telephone Batteries	\$ 23.36	<u>Gain April 2008</u>	\$ 1,045.49
	\$ 2,777.90		

When making Donations to the Lorain Inter-Group, Area 54, Multi-District, or the General Service Office in New York. PLEASE put your Groups General Service number on the Donation. You can find your Groups General Service number in the meeting schedule or on the internet at [aaloraincounty.org](http://aaloraincounty.org) under A.A. Meetings. Please put your Area & District numbers on the donation, it also helps to identify your Group. If you don't have a General Service number under your Groups information in the meeting schedule you can contact your District Committee person listed in the LiveWire to help you get registered.

**Prayer for the Day:** I pray that I may relax and that God's strength will be given to me. I pray that I may subject my will to God's will and be free of all tenseness.

**Phone Line Report:**

**Month of May, 2008**

12 Step Calls.....	24
Sponsorship.....	1
Al-A-Non.....	1
Meeting Info.....	77
General Info.....	50
<b>Total:.....</b>	<b>153</b>

**Rents:**

**Month of April, 2008**

1. We Care Tuesday Morn.
2. Discussion
3. Unity Hall Disc.
4. Tuesday Night Central
5. Strength In Sobriety
6. Never Too Young
7. Friday Men's Disc.
8. Blue Monday
9. Mid-Week Morning Disc
10. Saturday Morning Disc.

**Donations for the month of April, 2008**

1. Anonymous	22. North Ridgeville 1st Step
2. Attitude of Gratitude	23. Oberlin Breakfast Group
3. Back To Basics B.B. Disc.	24. Oberlin Group
4. Birmingham Dinner Group	25. Oberlin Women's Closed Group
5. Blue Monday	26. Russ Walker Memorial
6. Carlisle Lunch Bunch	27. Saturday Morn. Survivor's
7. CBS Big Book Step Study	28. Saturday Night Security Group
8. N.Ridgeville Fri. Night Disc.	29. Serenity Hall
9. Early Morning Disc.	30. Sheffield Lake Civic Center Group
10. Elyria Friday Night	31. Stepping Into Sobriety
11. Elyria Sun. Night Group	32. Strength In Sobriety
12. Elyria Women's Disc.	33. Tuesday Night Central
13. Grafton Wed. Night	34. 12 & 12 Discussion
14. 50/50 Raffle	35. UAW Big Book Study
15. Lorain Wednesday Night	36. S.I.O.G.A.
16. Mid-Week Morning Disc	37. Avon Lake Fri. Night
17. Monday Night Lorain	38. Charlie Crawford Memorial
18. Never Too Young	
19. New Beginning B.B. Disc.	
20. Wed. Morn. Disc. Wellington	
21. We Care Tuesday Morn. Disc.	

**Board Of Directors**

Chairperson	Tom Ortiz.....315-8600
Vice-Chairperson	Troy Smith.....365-9018
Treasurer	Bill Post.....933-4153
Secretary	Mark Potter.....452-5946
Office Managers	George Schmidt....288-8935
	Sam Hensley.....288-4942
	Tom Niemiec.....258-7286

**Advisory Board Members**

Tom Banks.....	309-3226
Bill Jackson.....	935-3251
Terri Poznako.....	225-6897
Nikki Lustek .....	225-6036
Donna Lawson .....	574-3464