

AA Unity LiveWire AA

577 Broadway Avenue. Lorain, Ohio 44052 Phone 440 246-1800

January

Monday-Friday 9AM-5PM

2006

www.aacoh.org

The Long Haul: Pamphlet C-3

A.A. Has given meaning and purpose, assurance and serenity to our lives.

That while many of our neighbors, the non-alcoholics as well as the alcoholics, wander lost and forlorn in the wilderness of life, we who are in AA have a road map and a road. We know where we're going, and how to get there. And we travel with a host of friends.

The second step suggests we turn to God. And that, too, we do early in our day. And in the same breath, once again we pledge ourselves to try to live our day in accordance with His Will, that we'll try, throughout our day, to serve Him and serve our neighbor.

We must work at the 6th and 7th steps each day and every day. We must strive to rid ourselves, with God's help, of our faults, of our character defects.

In AA we play for keeps. We quit drinking altogether. We don't switch to beer and light wines. We turn our will and our lives over to God completely. Not just one-third of our will or two-thirds of our lives, but all of our lives and the whole of our will.

And so, with the 6th and 7th steps, there must be the all-out effort.

And we must continue, each day, to make amends to those we harmed most—the ones near and dear to us.

To find out if we are making progress, to find out "Why", if we are not making progress, we have the daily inventory called for in the 10th step.

We ask ourselves:

Did I flirt with the idea that maybe I am not an alcoholic, that maybe I could take a drink? Did I smack it down by recalling how I felt when I came into AA, the sorry record that brought me into AA?

Did I try to live this day in accordance with God's will? Did I get any ideas of trying to run the show myself, without God's help? Did I do anything that bothers my conscience, that upset me, that wasn't in line with the AA program?

Have I done anything wrong and have I admitted PROMPTLY that I was wrong?

What have I done about my predominant fault this day? Pride, or anger, or dishonesty, or a sharp tongue or an uncharitable heart? If it's pride, what have I done to practice humility? If it's anger, what have I done to practice patience? (The best way to get rid of a vice is to practice the opposite virtue.)

(The best way, the only way that I know of, to get rid of resentments is to pray for the person against whom we have the resentment. It's a galling thing, a repugnant thing. But it works.)

Did I take every opportunity this day to make amends to those I've harmed?

Have I thanked God this day for keeping me sober? For all His other gifts?

Then there's the 11th step—a step that should be present in our minds all our waking moments.

To seek to improve our conscious contact with God, to pray in words and to pray in deeds—the words without the action don't mean very much.

And to meditate—to retire into a silence where we stand alone with God, to dwell on His goodness to us, to listen for what He has to say to us.

Begin the New Year by trying to live each day in accordance with God's will, and we promise you that the year 2006 will be better than 2005.

Calmness is based on Complete Trust in God.

(3-17 in the 24 Hour Book)

My Lord God,

I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think that I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road though I may know nothing about it. Therefore will I Trust you always though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone.

(Thoughts in Solitude • Thomas Merton)

Cleveland Corrections Committee

TRAINING WORKSHOP

A training workshop for those interested in serving as a volunteer at A.A. meetings behind the walls and those who wish to help facilitate their work as a committee member or letter writer.



Saturday, January 21, 2006
1 PM - 4 PM

Forest City Club
2382 Broadview Rd.
Cleveland, OH 44109

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If you should have any questions, please call either Steve Zepko at (216) 323-9440 or Bill Stevens at (216) 382-0029.

• Anniversaries •

January 26th
Oberlin Group Thursday (39 yrs.)
January 29th
Oberlin Breakfast Group (23 yrs.)

The Arid Fellowship's Valentine Dance

Feb 11th
also Raffle
Door Prizes
Dessert Auction
\$7.50 per person
Includes Dinner
Adults Only (16 & Older)
King & Queen Sweethearts

12TH ANNUAL

WINTER GATHERING

JANUARY 6TH, 7TH & 8TH, 2006
WORTHINGTON, OHIO

Holiday Inn Worthington
175 Hutchinson Ave., Worthington, Ohio 43085
Out of State: 1-800-Holiday • In State: 614-885-3334

ROOM RATE: \$69.00 PER NIGHT + TAX

You must make reservations before December 15, 2005 to receive this room rate. *Room "Winter Gathering" when making reservations.

SPEAKERS
John H. Louisville, KY
John C. Cincinnati, OH
Steve H. Los Angeles, CA
Johnny H. Los Angeles, CA
Mary F. Hayes North Lake Rock, IL
Ken G. La Mesa, CA
Dag H. Bellevue, WA
Clive H. Cleveland, OH

OTHER HOTELS
Hilton Garden Inn 614-881-0711
Hilton Inn 614-881-1861
Red Roof Inn 614-881-3911
Hilton Garden Inn 614-881-3533

NON-SMOKING MEETING ROOMS
For more information contact Bill A. at 614-885-6937 or Pat W. at 614-885-6430.

Pre-Registration Fee \$18 • Registration on the floor \$20
Reserve a room now!
(Pre-registration must be received by January 1, 2006)

Name: _____
Address: _____
City/State/Zip: _____
Phone: _____
E-mail: _____

Survivors List:

Groups in need of **Support** to stay afloat please contact:
Lorain County Central Office.
Call 440 246-1800

Ladies MIDDAY 12 Step Big Book Study
(C-W) Wed., 1:00 PM Arid Club, 1741 N. Ridge Rd., Sheffield Township(NS)
St. Agnes Thur. Night (O)
Thur., 8:00 PM Arid Club, 1741 N. Ridge Rd., Sheffield Township(NS)

We Need You!!
Don't let them Close HELP support the groups.

G.S.R./D.C.M. Meeting: The Multi-District meeting is held at 11 AM on the **1st. Sunday** of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting. **(February 5th., 2006)**

The Lorain Central Office Meeting is the **1st. Sunday** of the month at 12:30 PM. It is very **Important** that all the **Secretaries** of each **Group** attend this meeting. **We urge your Attendance** (Be Informed, Get Active) **(February 5th., 2006)**

Advisory Board Meeting: The meeting will be held at 6:30 PM on the **3rd. Thursday** of the month, at the **Central Office.** **(Jan. 19th., 2006)**

"I am lighthouse rather than lifeboat. I do not rescue, but instead help others to find their own way to shore, guiding them by my example" (Cyber Recovery Fellowship www.cyberrecoveryforums.com)

Lorain Central Office

577 Broadway Ave.
Help Needed
• Phone Line •
Friday
Requirements:
1 yr. Sobriety;
Sponsor
Home Group
Please Call:
440 246-1800

HELP NEEDED

To carry the message to other Alcoholics in the Lorain County Jail:
Mondays & Thursdays
Requirements:
1 yr. Sobriety
(if you would like to help)
Please Call:
Russ Walker
440 668-6650

Central Office

Wed. • Thurs.
Nights
Meeting
Space
Available
577 Broadway Ave.
Lorain
Please Call:
George or Charlie
440 246-1800

Arid Club

Meeting
Space
Available
1741 N. Ridge Rd.
Sheffield Township
Please Call:
Donna or Stan
440 233-4801

In Memory Of

Bob Phillips, a long-time member of Alcoholics Anonymous passed away in December 2005. There will be an A.A. memorial service for Bob on Sunday, January 15, 2006 at the First Presbyterian Church E.30th & Seneca Ave, Lorain. Bob's home group was Sunday Night Sobriety also at 30th & Seneca. All are welcome to attend.

SUN	<p><u>Sharing Our Sobriety (S.O.S.)</u> 8:00 PM 577 Broadway Ave. Lorain (S)</p>	<p><u>North Ridgeville Men's</u> 7:30 PM First Merit Bank 35621 Center Ridge Rd. N. Ridgeville (NS)</p>	<p><u>Sheffield Lake Civic Center Group</u> 7:30 PM 4575 Lake Rd. Sheffield Lake (S)</p>
MON	<p><u>New Begining Big Book Disc.</u> 8:15 PM St. Mary's School Cafeteria Stoney Ridge Rd. Avon (NS)</p>	<p><u>Monday Night Lorain(NS)</u> 7:30 PM Zion Lutheran Church 5100 Ashland Ave. 2nd. Santos 9th. Mike (Thumper) 16th. Bonnie L. 23rd. Jeff W. 30th. Clark</p>	<p><u>Vermillion Mon. Night</u> 8:00 PM 990 Rt. 60 Vermillion (NS)</p>
TUES	<p><u>Sheffield Men's</u> 7:30 PM Lake Breeze Church 1430 Lake Breeze Sheffield Township (NS)</p>	<p><u>S.I.O.G.A.</u> 8:00 PM First United Methodist 45 S. Professor St. Oberlin (NS)</p>	<p><u>Avon Tuesday</u> (In the Barn) 8:30 PM Methodist Church 3711 Detroit Rd. Avon (S)</p>
WED	<p><u>Grafton Wed. Night</u> 8:30 PM Grafton Fire Station 1050 Novak Rd. Grafton (S)</p>	<p><u>Stepping Into Sobriety Group</u> 6:30 PM NORD Center 6140 S. Broadway Ave. Lorain (NS)</p>	<p><i>Trust God Clean House Help Others</i></p>
THURS	<p><u>Thurs. Women's Sobriety Group</u> 7:00 PM New Life Baptist Church 720 E. River Rd. Elyria (NS)</p>	<p><u>N. Ridgeville Big Book Disc.</u> 8:00 PM First Merit Bank 35621 Center Ridge Rd. N. Ridgeville (NS)</p>	<p><u>St. Agnes Thur. Night</u> 8:00 PM 1741 N. Ridge Rd. Sheffield Township (S)</p>
FRI	<p><u>Fri. Night Avon Lake Group</u> United Church of Christ 34881 Electric Blvd., Avon Lake (NS)</p>	<p><u>St. Anthony's Fri. Night(S)</u> 8:00 PM 1305 E. Erie Ave. 6th. Pete Shuler 13th. Riche Weir 20th. Aaron Bement 27th. John Hindman</p>	<p><u>Friday Morn. Survivor</u> 10:30 AM 577 Broadway Ave. Lorain (S)</p>
SAT	<p><u>Mid-night Elyria Group</u>12:00 PM St Mary's Church 4th & Middle Ave. Elyria (NS) 7th. Jamie N. 14th. Jeff G. 21st. Zorin S. 28th Ask-A-Basket</p>	<p><u>Amherst Sat. Group</u> 8:30 PM Church of the Nazarene 210 Cooper-Foster Rd. Amherst (NS)</p>	<p><u>Saturday Twelve Step Disc.</u> 7:30 PM St. Anthony's Parish Center 1305 E. Erie Ave. Lorain (NS)</p>

To all Groups: Please notify Lorain County Central Office of Any Changes concerning your Group by phone or mail. It is so necessary for YOUR Central Office to have correct Information to Print Schedules and give out Information to others needing HELP. Thank You!!

MOVED TO:
Serenity Hall Group (O) Sat., 7:00 PM St Ladislaus Church 1412 29th St. & Wood Ave., Lorain (NS)
Rainbow Group (O) Mon., 7:30 PM St Ladislaus Church 1412 29th St. & Wood Ave., Lorain (NS)
Ladies Middav 12 Step Big Book Study (C-W) Wed., 1:00 PM Arid Club 1741 N.Ridge Rd.,Sheffield Township (NS)
Ark Big Book (O) Wed., 7:00 PM Good Shepard Church Wilson St.,Lorain (S)
Sheffield Lake Wed. Night (O) Tues., 8:00 PM Tennyson School, 555 Kenilworth (NS)
Friday AM Discussion (O) Fri., 10:30 AM Pilgrim United Church Of Christ 523 E. Broad St.,Elyria (NS)

NEW MEETINGS
Thursday Sobriety (O) Thur., 8:00 PM 577 Broadway Ave., Lorain (S)
Sheffield Men's (C) Tues., 8:00 PM Lake Breeze Church 1430 Lake Breeze., Sheffield Township (NS)
12 Step Discussion (O) Tues., 12:00 AM Arid Club 1741 N.Ridge Rd., Sheffield Township (NS)

NEW TIME CHANGE:
Sheffield Lake Wed. Night (O) Tues., 8:00 PM Tennyson School, 555 Kenilworth (NS)
Vermillion 12x12 Discussion (O) Fri., 8:00 PM 990 State St., Rt. 60, Vermillion (NS)
NAME CHANGE:
Sunday Night Acceptance Big Book Disc. (C-M) Sun., 7:00 PM St. Ladislaus 1412 29th St. & Wood Ave., Lorain (S)

CHANGES:
Monday Big Book Disc. (C) Mon., 7:30 PM Arid Club 1741 N.Ridge Rd., Sheffield Township (NS) is now an open Meeting (O)
CANCELLED:
All's Welcome Group(O) Fri.,7:30 PM Arid Club, 1741 N. Ridge Rd., Sheffield Township(NS)

The Lorain County Central Office is seeking Group Volunteers to decorate the front windows. (Holiday's and Seasonal displays) Sign-up your group for the new year 2006 Now.
Your chance to be Creative!!!

Concepts 1: Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

Step 1: We admitted we were powerless over alcohol- That our lives had become unmanageable.

Promise 1: We are going to know a new freedom and a new happiness.

Tradition 1: Our common welfare should come first; Personal recovery depends upon A.A. Unity.

Committee Chairs

Unity LiveWire

Russ Walker.....	327-1308
*e mail russ8859@aol.com	
Jim Parks.....	327-1147
*e mail parksphoto@adelphia.net	

Archives Committee

Kevin Sexton.....	323-9217
e mail bigbook@alltel.net	

Schools

Ellen B.....	322-5306
e mail irishmimi1@comcast.net	

Correctional Committee

DCM.Russ Walker.....	327-1308
e mail russ8859@aol.com	
Maureen Leach.....	967-6305
Coretta Farley.....	308-1714

District Committee

District #19a

DCM.Russ Walker.....	327-1308
e mail russ8859@aol.com	

District #19b

DCM.Pam Crick.....	984-3805
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District #20c

DCM.Donna Lawson.....	cell# 440 574-3464
Alt.Craig Warren.....	cell# 440 985-3403

District #20b

DCM.Judy Sexton.....	322-2619
Alt.Marilyn Oliver.....	284-9834

District #20a vacant

Help Needed

Board Of Directors

Co-Chairperson	Terri Poznako.....	225-6897
Co-Chairperson	Tom Ortiz.....	277-0276
Treasurer	Bill Post.....	933-4153
Secretary	Tom Banks.....	823-5159
Office Managers	George Schmidt.....	288-8935
	Charlie Crawford.....	988-7061

Advisory Board Members

Donna McCauley.....	288-3495
Tom Coughlin.....	926-3791
Russ Walker.....	327-1308
Bob Paton.....	965-7786
Troy Smith.....	365-9018
Donna Lawson.....	574-3464
Jaci Klier.....	935-3899

*To submit information for the news letter please contact: Russ Walker or Jim Parks via: *email or leave the information at the Central Office before the **26th.** of each month.

Financial Report

Listed below are the Profit/Loss spread sheet, the group donations and the rents for the month of **November 2005.**

<u>Expenses</u>		<u>Donations</u>	
1. Rent	\$ 650.00	1.....	469.00
2. All Service Telephone	115.13	2.....	1,211.47
3. Columbia Gas	312.00	3.....	312.50
4. Ohio Edison	160.25	4.....	560.92
5. Century Telephone	115.31	5.....	225.00
6. House Manager's	1,431.63		
7. PayCor Fee	53.93		\$ 2,778.89
8. Petty Cash	90.00		
		<u>Donations</u>	\$ 2,778.89
	\$ 2,928.25	<u>Expenses</u>	\$ 2,928.25
		<u>Loss</u>	\$ -149.36

Donations for the month of November 2005

Please include General Service # if you know it, and Phone # with your donations. Thank You!!

- | | |
|------------------------------|---------------------------------------|
| 1. Wellington Thursday Night | 19. Oberlin Mon. Women's Closed Group |
| 2. Tuesday Lorain Central | 20. New Beginnings Big Book |
| 3. Back To Basics Avon Lake | 21. Carlos Velazquez |
| 4. Rainbow Group | 22. Tuesday Lorain Central |
| 5. Strength In Sobriety | 23. Crazy But Sober Avon Lake |
| 6. Monday Night Lorain | 24. S.I.O.G.A. |
| 7. Saturday Night Security | 25. Compass Group |
| 8. Monday Night Happy Hour | 26. Vermillion Tuesday Big Book |
| 9. Oberlin Breakfast Grou | 27. Grafton Wednesday Night |
| 10. LaGrange Sobriety Group | 28. Serenity Hall St. Lad's |
| 11. C.O. 50/50 Raffle | 29. Sunday North Ridgeville Mens |
| 12. Wellington Group | 30. Monday Night Lorain |
| 13. Carlisle Lunch Bunch | 31. Tuesday Lorain Central |
| 14. Tuesday Lorain Central | 32. Oberlin Group |
| 15. Vermillion Friday Night | 33. Wellington Wednesday Discussion |
| 16. Tuesday Lorain Central | 34. Thursday Discussion Lorain Unity |
| 17. Elyria Sunday Night | 35. Vermillion Monday Night |
| 18. Lorain Wednesday group | |

Phone Line Report

for the month of Dec., 2005

12 Step Calls....	32
Sponsorship.....	3
Al-A-Non.....	8
Meeting Info....	168
General Info.....	86
Total:	297

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Walk
In
The
Light of
God
•

Rents for the month of Nov., 2005

1. Strength In Sobriety
2. Fri. Morning Survivors
3. Mon. Night Happy Hour
4. Friday Men's Disc.
5. Sunday Consolidated
6. Tuesday Lorain Central
7. Mid Week Morning Disc.
8. Saturday Morning Disc.
9. Thursday Morning Disc.

November's Central Office 50/50 Raffle Winner: Patty Doran \$109.00

Any of the Groups that have Moved, or have become Inactive in the last year should contact the Central Office and **Fill Out a Group Change Form.** Or come to the **Multi-District meeting at 11 AM (January 8th., 2005)** or the **Central Office meeting at 12:30 PM.** that same day and we will help you fill out the Form. ***Please Be responsible Members of Aloholic Anonymous:***