

# AA Unity LiveWire AA

577 Broadway Avenue, Lorain, Ohio 44052 Phone 440 246-1800

December

Monday-Friday 9AM-5PM

2005

www.aaneoh.org

## RANDOM THOUGHTS

Sobriety is the most important thing in your life, without exception. You may believe your job, or your home life, or one of many other things comes first. But consider, if you do not get sober and stay sober, chances are you won't have a job, a family, or even sanity or life. If you are convinced that everything in life depends on your sobriety, you have just so much more chance of getting sober and staying sober. If you put other things first you are only hurting your chances.

You aren't very important in this world. If you lose your job someone better will replace you. If you die your wife will mourn briefly, and then remarry. Your children will grow up and you will be but a memory. In the last analysis, you are the only one who benefits by your sobriety. Seek to cultivate humility. Remember that cockiness leads to a speedy fall.

If you think you can cheat—sneak a drink or two without anyone else knowing it—remember, you are only cheating yourself. You are the one who will be hurt by conscience. You are the one who will suffer a hangover. And you are the one who will return to a hospital bed.

Bear constantly in mind that you are only one drink away from trouble. Whether you have been sober a day, a month, a year or a decade, one single drink is a certain way to go off on a binge or a series of binges. It is the first drink—not the second, fifth or twentieth, that causes the trouble.

And remember, the more A. A. work you do, the harder you train, the less likely it is that you will take that first drink.

It is something like two boxers. If they are of the same weight, the same strength and the same ability, only one trains faithfully while the other spends his time in night clubs and bars, it is pretty sure that the man who trains will be the winner.

So let attendance at meetings be your road work; helping newcomers your sparring and shadow boxing; your reading, meditation and clear thinking your gymnasium work and you won't have to fear a knockout at the hands of John Barleycorn.

**Take therefore no thought for the morrow: for the morrow shall take thought for the things itself. Sufficient unto the day is the evil thereof.—Matthew VI, 34.**

Those words are taken from the Sermon on the Mount. Simply, they mean live in today only. Forget yesterday. Do not anticipate tomorrow. You can only live one day at a time and if you do a good job of that, you will have little trouble.

One of the easiest, most practical ways of keeping sober ever devised is the day by day plan—the 24-hour plan.

You know that it is possible to stay sober for 24 hours. You have done it many times. All right. Stay sober for one day at a time. When you get up in the morning make up your mind that you will not take a drink for the entire day. Ask the Greater Power for a little help in this. If anyone asks you to have a drink, take a rain check. Say you will have it tomorrow.

Then when you go to bed at night, finding yourself sober, say a little word of thanks to the Greater Power for having helped you.

Repeat the performance the next day. And the next. Before you realize it you will have been sober for a week, a month, a year. And yet you have only been sober a day at a time.

If you set a time limit on your sobriety you will be looking forward to that day, and each day will be a burden to you. You will burn with impatience. But with no goal the whole thing clears itself, almost miraculously.

Try the day by day plan.

So you're different! So you think you are not an alcoholic!

As many Alcoholic Anonymous have gone off the deep end for that kind of thinking as almost all the other reasons combined.

If you have all the symptoms your sponsor will tell you about and that you hear about at meetings, rest assured you are an alcoholic and no different from the rest of the breed.

But don't make the mistake of finding it out the hard way—by experimenting with liquor. You will find it a painful experience and will only learn that you are NOT different.

• Permitted Published by  
A.A. Of Akron, (A Member  
Of Alcoholic Anonymous)

**November** In God's Name, Thy Will Be Done **2005**

|              |  |   |  |
|--------------|--|---|--|
| <b>SUN</b>   | <u>Sharing Our Sobriety</u> (S.O.S.)<br>8:00 PM<br>577 Broadway Ave.<br>Lorain (S)   | <u>North Ridgeville Men's</u><br>7:30 PM<br>First Merit Bank<br>35621 Center Ridge Rd.<br>N. Ridgeville (NS)  | <u>Sheffield Lake Civic Center Group</u><br>7:30 PM<br>4575 Lake Rd.<br>Sheffield Lake (S)   |
| <b>MON</b>   | <u>New Beginning Big Book Disc.</u><br>8:15 PM<br>St. Mary's School Cafeteria<br>Stoney Ridge Rd.<br>Avon (NS)   | <u>Back to Basics Big Book Study</u><br>7:00 PM<br>2506 Broadway Ave.<br>Lorain (NS)  | <u>Vermillion Mon. Night</u> (NS)<br>8:00 PM<br>990 Rt. 60<br>5th. Pat M.<br>12th. Midge G.<br>19th. John S.<br>26th. Beth O.  |
| <b>TUES</b>  | <u>Sheffield Men's</u><br>7:30 PM<br>Lake Breeze Church<br>1430 Lake Breeze,<br>Sheffield Township (NS)  | <u>S.I.O.G.A.</u><br>8:00 PM<br>First United Methodist<br>45 S. Professor St.<br>Oberlin (NS)   | <u>Avon Tuesday</u><br>(In the Barn)<br>8:30 PM<br>Methodist Church<br>3711 Detroit Rd.<br>Avon (S)  |
| <b>WED</b>   | <u>Grafton Wed.(S) Night</u><br>8:30 PM<br>Grafton Fire Station<br>1050 Novak Rd.<br>7th. Nikki<br>14th. Dan<br>21st. Jerry<br>28th. Mark                                    | <u>Stepping Into Sobriety Group</u><br>6:30 PM<br>NORD Center<br>6140 S. Broadway Ave.<br>Lorain (NS)   | "Faith Without Works Is Dead"  |
| <b>THURS</b> | <u>Thurs. Women's Sobriety Group</u><br>7:00 PM<br>New Life Baptist Church<br>720 E. River Rd.<br>Elvria (NS)  | <u>N. Ridgeville Big Book Disc.</u><br>8:00 PM<br>First Merit Bank<br>35621 Center Ridge Rd.<br>N. Ridgeville (NS)  | <u>St. Agnes Thurs. Night</u> 8:00 PM<br>1741 N. Ridge Rd.<br>Sheffield Township (S)<br>1st. Margaret L.<br>8th. Maria<br>15th. Brenda S.<br>22nd. Tim R.<br>29th. Johnny C. |
| <b>FRI</b>   | <u>Fri. Candlelight Sobriety (O)</u><br>11:00 PM<br>1741 N. Ridge Rd.<br>Sheffield Township (NS)   | <u>Lorain County Mission Group</u><br>8:00 PM<br>Morgan & Bond St.<br>Elvria (NS)   | <u>Friday Morning Survivor</u><br>10:30 AM<br>577 Broadway Ave.<br>Lorain (S)  |
| <b>SAT</b>   | <u>Mid-night Elvria Group</u> 12:00 PM<br>St. Mary's Church<br>4th & Middle Ave.<br>3rd. Sober Alcoholic<br>10th. Jerry G.<br>17th. Layman<br>24th. Bobbi M.<br>31st. Closed | <u>Amherst Sat. Group</u><br>8:30 PM<br>Church of the Nazarene<br>210 Cooper-Foster Rd.<br>3rd. Lisa L.<br>10th. Wanda J.<br>17th. Jeff R.<br>24th. Mike<br>31st. Dress Up Wear a Tie | <u>Saturday Twelve Step Disc.</u><br>7:30 PM<br>St. Anthony's Parish Center<br>1305 E. Erie Ave.<br>Lorain (NS)  |

**MOVED To:**

Big Book Discussion (O) Thurs., 10:30 AM Arid Club  
1741 N. Ridge Rd., Sheffield Township (NS) Formally at  
U.A.W. Baumhart Rd.  
Serenity Hall Group (O) Sat., 7:00 PM St Ladislaus Church  
1412 29th St. & Wood Ave., Lorain (NS)  
Rainbow Group (O) Mon., 7:30 PM St Ladislaus Church  
1412 29th St. & Wood Ave., Lorain (NS)  
Ladies Middav 12 Step Big Book Study (C-W) Wed., 1:00 PM  
Arid Club 1741 N. Ridge Rd., Sheffield Township (NS)  
Ark Big Book (O) Wed., 7:00 PM Good Shepard Church  
Wilson St., Lorain (S)  
**NEW MEETINGS:**  
Friday Faith Group (C) 11:00 PM Arid Club  
1741 N. Ridge Rd. Sheffield Township (NS)  
Disc. 1st. 3 weeks of month; 4th. week Lead.  
Arid Lunch Break Tues., Noon Arid Club 1741 N. Ridge  
Rd., Sheffield Township (NS)  
**CANCELLED:**  
Good News!! No Cancelled GROUPS this Month  
**NEW LOCATION IS FOUND:**  
Sheffield Lake Wed. Night (O) Wed., 8:30 PM. Tennyson  
School 555 Kenilworth Dr., South Lake (NS)

The Lorain County Central Office is seeking Group Volunteers to decorate the front windows at the central office

Holiday and Seasonal displays, sign-up your group for the new year 2006 Now!!

**Your chance to be Creative Sharing**

**Concepts 12:** The Conference shall observe the spirit of A.A. Tradition, taking care that it never becomes the perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

**Step 12:** Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

**Tradition 12:** Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.


**Promise 12:** We will suddenly realize that God is doing for us what we could not do for ourselves.

**Chicken Paprikash Dinner & Dance**  
 Saturday, December 17<sup>th</sup>  
 6PM until Midnight  
 Arid Fellowship Center  
 1741 N. Ridge Rd. Lorain, OH

Dinner includes Chicken Paprikash,  
 salad, & bread  
 1 free cup of coffee with dinner

|                                   |              |
|-----------------------------------|--------------|
| Dinner & Dance \$7. <sup>22</sup> | 50/50 Raffle |
| Dinner only 4. <sup>22</sup>      | Good Food    |
| Dance only 4. <sup>55</sup>       | Good Fun     |
|                                   | Good         |
|                                   | Fellowship   |

Dinner will be served from 6PM until 10PM  
 Dance begins at 8PM until Midnight

**New Year's Eve**  
  
**Dance**  
**December 31, 2005**

8425 UAW Bldg  
 5300 Baumhart Road  
 Lorain, Ohio

7:00 pm - 1:00 am Tickets \$ 15.00  
 Doors open @ 6:00 Dinner served @ 7:30 pm

D.J. by: Big Daddy

Party Favors 50/50 raffles

Catered Dinner Door Prizes

Tickets are Limited  
 Get YOURS early  
 For tickets or more information contact:  
 Tom D. (440) 277-0276 Cell: 315-8600  
 Pat W. Cell: 258-9449

*Around the world, many recognize this time of year as a season of giving. For those of us fortunate enough to have been guided to Alcoholics Anonymous, our season of giving is all year round. Every twenty-four hours invites us to pass on to others what was so freely given to us, and to rejoice in the gift of our sobriety.*

*May the New Year bring you many opportunities to give and receive through the Fellowship of Alcoholics Anonymous.*



**Survivors List:**  
 Groups in need of Support  
 to stay afloat please contact:  
**Lorain County Central  
 Office.**  
 Call 440 246-1800

Ladies Midday 12 Step Big Book  
 Study (C-W) Wed., 1:00 PM Arid  
 Club 1741 N. Ridge Rd., Sheffield  
 Township (NS)

**We Need You!!**  
 Don't let them Close HELP  
 support the groups.

**G.S.R./D.C.M. Meeting:** The Multi-District meeting is held at 11 AM on the 2nd. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting. (January 8th., 2005)

**The Lorain Central Office Meeting** is the 2nd. Sunday of the month at 12:30 PM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Get Active) (January 8th., 2005)

**Advisory Board Meeting:** The meeting will be held at 6:30 PM on the 3rd. Thursday of the month, at the Central Office. (Dec. 15th., 2005)

Wondering what, where and when. The Lorain Central Office and the Arid Club will be Open from Saturday morning until 10 PM Sunday night Christmas and New Years weekend. (Come and Join us for Fellowship)

•  
**H.**  
**A.**  
**L.**  
**T.**  
 •

**Monday Night**  
**Lorain**  
**7:30 PM**  
 Zion Lutheran Church  
 5100 Ashland Ave.  
 Lorain (NS)  
**Dec. 5th.**  
**26th Anniversary**  
 Lead: Shawn  
 (from Cleveland)  
 Cake & Pizza

**Arid Club**  
**Meeting**  
**Space**  
**Available**  
 1741 N. Ridge Rd.  
 Sheffield  
 Township  
**Please Call:**  
**Donna or Stan**  
 Call 440 233-4801

**Lorain Central**  
**Office**  
 577 Broadway Ave.  
**Help Needed**  
**Phone Line •**  
**Mon. • Wed. • Fri.**  
 Requirements:  
 1 yr. Sobriety;  
 Sponsor  
 Home Group  
 Call 440 246-1800

**HELP NEEDED**  
 To carry the message to other Alcoholics in the Lorain County Jail:  
**Mondays & Thursdays**  
 Requirements:  
**1 yr. Sobriety**  
 (if you would like to help)  
**Please Call:**  
 Russ Walker  
 440 668-6650

## Committee Chairs

### Unity LiveWire

Russ W.....327-1308  
 Jim P.....327-1147  
 \*e mail russ8859@aol.com  
 \*e mail parkspphoto@adelphia.net

### Archives Committee

Kevin S.....323-9217  
 e mail bigbook@alltel.net

### Schools

Ellen B.....322-5306  
 e mail irishmimi1@comcast.net

## Correctional Committee

DCM.Russ W.....327-1308  
 e mail russ8859@aol.com  
 Maureen L.....967-6305  
 Coretta F.....308-1714

## District Committee

### District #19a

DCM.Russ W.....327-1308  
 e mail russ8859@aol.com

### District #19b

DCM.Pam K.....984-3805

### District #20c

DCM.Donna L.....cell# 440 574-3464  
 Alt.Craig W.....cell# 440 985-3403

### District #20b

DCM.Judy S.....322-2619  
 Alt.Marilyn O.....284-9834

### District #20a vacant

Help Needed

## Board Of Directors

Co-Chairperson Terri P.....225-6897  
 Co-Chairperson Tom O.....277-0276  
 Treasurer Bill P.....933-4153  
 Secretary Tom B.....823-5159  
 Office Managers George S.....288-8935  
 Charlie C.....988-7061

## Advisory Board Members

Donna McC.....288-3495  
 Tom C.....926-3791  
 Russ W.....327-1308  
 Bob P.....965-7786  
 Troy S.....365-9018  
 Donna L.....574-3464  
 Jackie K.....

\*To submit information for the news letter please contact Russ Walker or Jim Parks via: \*email or leave the information at the Central Office before the 26th. of each month.

## Financial Report

Listed below are the Profit/Loss spread sheet, the group donations and the rents for the month of October 2005.

| <u>Expenses</u>          |             | <u>Donations</u>             |
|--------------------------|-------------|------------------------------|
| 1. Rent                  | \$ 650.00   | 1.....1,617.25               |
| 2. All Service Telephone | 115.13      | 2.....428.95                 |
| 3. Columbia Gas          | 312.00      | 3.....334.00                 |
| 4. Ohio Edison           | 138.39      | 4.....307.89                 |
| 5. Century Telephone     | 129.30      | 5.....692.07                 |
| 6. House Manager's       | 1,493.86    |                              |
| 7. PayCor Fee            | 52.66       | \$ 3,380.16                  |
| 8. Petty Cash            | 50.00       |                              |
|                          | \$ 2,941.34 | <u>Donations</u> \$ 3,380.16 |
|                          |             | <u>Expenses</u> \$ 2,941.34  |
|                          |             | <u>Gain</u> \$ 438.82        |

## Donations for the month of October 2005

Please include General Service # if you know it, and Phone # with your donations. Thank You!!

- |                                 |  |
|---------------------------------|--|
| 1. Oberlin Breakfast Group      | 17. Tuesday Lorain Central             |
| 2. Oberlin Thursday Night       | 18. Gould Auditorium Saturday          |
| 3. Grafton Wednesday Night      | 19. N. Ridgeville Tues. 1st Step Group |
| 4. Serenity Hall St. Lad's      | 20. Spencer Under Construction         |
| 5. Elyria Friday Night          | 21. Wellington 12&12 Disc. Mon. Night  |
| 6. Carlos Velazquez             | 22. Friday Night Avon Lake Group       |
| 7. C.O. 50/50 Raffle            | 23. Tuesday Lorain Central             |
| 8. Compass Group                | 24. Birmingham Twilight                |
| 9. Anonymous                    | 25. Wellington Friday Night            |
| 10. Saturday Morning Survivors  | 26. S.I.O.G.A.                         |
| 11. Great Fact Wednesday Elyria | 27. Thursday Discussion Arid           |
| 12. Monday Night Happy Hour     | 28. Sunday Civic Center                |
| 13. Saturday Night Security     | 29. U.A.W. Friday Elyria               |
| 14. Blue Monday                 | 30. Serenity Hall St. Lad's            |
| 15. LaGrange Monday Night       | 31. Amherst Saturday Night             |
| 16. Vermilion Friday Night      |  |

### Phone Line Report

for the month of Nov. 2005

|                    |     |
|--------------------|-----|
| 12 Step Calls..... | 38  |
| Sponsorship.....   | 12  |
| Al-A-Non.....      | 17  |
| Meeting Info.....  | 275 |
| General Info.....  | 120 |
| Total.....         | 462 |

•  
 God  
 Grant  
 Us  
 Serenity  
 •

### Rents for the month of Oct., 2005

- |                             |
|-----------------------------|
| 1. Wed. Mid Week Disc.      |
| 2. Strenght In Sobriety     |
| 3. Mon. Night Happy Hour    |
| 4. Blue Monday              |
| 5. S.O.S. Sunday Unity      |
| 6. Sat. Morning Disc. Unity |
| 7. Tuesday We Care          |

But for the grace of God!

October's Central Office 50/50 Raffle Winner: Cliff S. \$108.50

Any of the Groups that have Moved, or have become Inactive in the last year should contact the Central Office and Fill Out a Group Change Form Or come to the Multi-District meeting at 11 AM (Jan.8th., 2005) or the Central Office meeting at 12:30 PM. that same day and we will help you fill out the Form