August

UNITY LIVEWIRE

2016

NO SMOKING AT THE INTER-GROUP OFFICE

"Easy Does It"

area54.org

710 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM Phone: 440-246-1800

<u>"First Things First"</u>

aa.org

aaloraincounty.org

Lorain Inter-Group Office email: lorainaa@live.com

aaloraincounty.org

THE INSANITY OF ALCOHOLISM

The INSANITY of Alcoholism is NOT the goofy behavior that people exhibit when they are drunk. Everyone who ingests enough alcohol will act goofy.

The **INSANITY** of **ALCOHOLISM** is the alcoholic's persistent return to alcohol in the face of overwhelming evidence that it is destroying his or her life, **over and over again.**

There are some in our fellowship of Alcoholics Anonymous who have serious mental problems, but most of us joke about how "insane" or "crazy" or "goofy" we are or have been, when what we really are talking about is our emotional immaturity, our impulsiveness, our lack of self-discipline – our character defects if you will. Most of us would have a hard time describing many of our thoughts and actions as being insane. In fact, in some areas of life, we may exhibit a high degree of sanity.

However, there is something about the way we perceive the world around us that has always caused us a great deal of discomfort in simply living our lives.

Our general discomfort with living has much to do with the way we perceive the effects of alcohol. Our falling short of what is called "well adjusted" is definitely a part of our makeup as an alcoholic. However, that alone does not separate us much from the general population. It is our physical as well as our mental response to alcohol that is INSANE, and that is what separates the alcoholic from the non-alcoholic.

There are two problems alcoholics have with alcohol: "(1) the obsession of the mind, and (2) the compulsion of the body, an incomprehensible craving. Somewhere along the line, early or late, we develop an obsession with the idea that alcohol eases our minds and solves our problems. Then, our physical response to alcohol manifests in what the "Big Book" of Alcoholics Anonymous calls an allergy. Our alcoholic bodies process the alcohol in a manner which causes us to crave more. The alcoholic insanity of our minds tells us that it is a good idea to drink to relieve our stresses and to have fun. Once we start, our alcoholic bodies tell us we must drink more to satisfy the craving.

Continued on page 3

Where to Send Contributions:

<u>50 % Lorain Inter-Group Office</u> 710 Broadway Avenue, Lorain, Ohio 44052 Make checks payable to Lorain Inter-Group 15%NE Ohio General Service, Area 54 P.O. Box 91384 Cleveland, OH 44101-3384

710 Broadway Avenue, Lorain, OH 44052

25% The General Service Office

Post Office Box 459, Central Station, New York, NY 10163-0459 Make checks payable to General Service Office 10% To Your Local District: Lorain County Multi-District ATTN: Joyce L Treasurer-(440)315-1183

Make checks payable to Lorain County Multi-District

Lorain Inter-Group 50/50 Raffle: \$ was won by It could be You Next Time! Support your Inter-Group Office Buy Today!!

Office Managers

Sam H.440-522-3639Tom N.440-258-7286Tony W.440-342-5488Main Office440-246-1800

July Phone Line Report		
Answering Service	63	
12 Step Calls	5	
Meeting Info	59	
General Info	64	
Sponsorship	0	
Al-Anon	_2	
Total:	130	

<u>DONATIONS</u>: When making donations to the Lorain Inter-Group, Area 54, Multi-District or General Service Office in New York. PLEASE Identify yourself by placing the Groups General Service Number on the donation. The Groups General Service Number is located in the meeting schedule or the internet@ aaloraincounty.org under A.A. Meetings. Please put your Area District Numbers on the donation to identify your group. If you don't have a General Service Number attached to your group-Please Contact your DCM-District Committee Member located in the LiveWire he/she will register your Group. Thank you for your cooperation!

ATTN ALL GROUPS: Please help us to help you!! If you have changed GSR'S (General Service Representative) in your group, have changed your Primary Mail Contact and have not attended the Monthly Multi-District Meeting to file a Group Change Form. Please do of the following-. 1) Attend 1st Sunday of the Month @ 10:30AM, 2) Call your District Committee Member listed on the last page, Or 3) Call the Inter-Group Office with your new information so it can be passed on to the appropriate person (DCM).

Time to get involved in service work
People with 1 year or more needed for the 12
step call list

Food and fellowship to follow

Call inter-group office or send e-mail to unitylivewire@gmail.com

Advisory	Board of	Directors
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Steve S.	440-308-1352	Chairperson
Troy S.	440-365-9018	Vice Chairperson
Art C.	440-773-9474	Secretary
Mark P.	440-452-5946	Treasurer

Advisory Board

440-574-3464
216-630-6638
440-221-9838
440-315-8600
440-309-5788

ATTENTION

Please submit your groups' or personal anniversaries to the <u>LiveWire by the **20**th</u> of each month. Anniversaries will not be carried over to the next year for publication automatically. Thank you for your cooperation.

There is always A Place and A Space for your Groups Messages, News, Activities and Anniversaries in The Live Wire! Please Contact:

Trini M. (440)574-0143 Bobbi. M (440)537-4280 Office Main Number:

(440)246-1800

Announcements For The Good of AA

Dear Family

Ray B. here I will be doing the Unity Live Wire from now on as Trini life is getting busy and I am retired an have more free time. But we owe Trini our gratitude for his service work.

The phone number and e-mail will remain the same. The e-mail will remain the best way to get what you need accurately put in the Unity Live Wire. Being how people knew this change was coming but did not know the phone number and e-mail would not change I have very little for this month mostly just what I know about myself

Thanks for your understanding Ray

Soberfest

Soberfest will be at Oakwood Park this year

Aug 6th

Come Fellowship Celebrate the Gift Starts at 9am

Help Carry The Message!

Volunteers are needed to speak at
Detox
Sundays at 4:00 PM
Wednesdays at 7:30 PM
at EMH and Mercy Hospital

Also for a meeting at Lakepoint Nursing Home

Call Christabel: 440-787-3363

Friends of Porky P. Pig Roast

Scotts lake park located between Russia Rd and Butternut Rdg. Rd. on Rt.58

Scott Lake Park 11595 State Route 58. Oberlin, OH 44074

Saturday Aug 20th From 2 till 11pm

Tickets are \$10 or \$12 at door

Proceeds go to the Inter-group Office

COME JOIN US

Music, Corn Hole, Horse Shoes, Fishing

Food, fun and fellowship

Children under 12 receive a free hot dog and chips meal

Continued from cover

As every alcoholic should know, that is where the well known cycle begins, and continues over and over again, leading to death, incarceration, or "wet brain" insanity. What Dr. Silkworth called the "phenomenon of craving," manifesting as an "allergy," is so overpowering that all else comes in second to our primary concern of getting the next drink, even life itself takes second place.

That, my friends, is the "INSANITY OF ALCOHOLISM." It is only relieved and arrested by total abstinence, and as we have found, by the **thorough** application of the 12 Steps of AA in our lives, in all our affairs. to achieve a psychic change, a "spiritual awakening," leading to growth and maturity, and a firm grasp of the reality of life and the world about us.

As a young man (with tears in his eyes) in his first AA meeting said:

..."I'm here because I just want to live ... that's it ... I just want to live"...

ATTENTION: Lorain County A.A. Community Help is needed for various committees! Interested please contact an Advisory Board Member/Committee Chair. INTO ACTION!

COMMITTEE CHAIRS: Livewire Ray B(440)574-0143 *EMAIL unitylivewire@gmail.com		
Internet Committee (aaloraincounty.org) Mike		
Correctional Committee Andy K		
Public Information Committee Melissa S		
<u>Picnic Committee</u> Dave G(440)723-1923		
Pig Roast Troy S (440)365-9081		
Memorial Day Breakfast Steve S		
<u>District Committees</u> Multi District Chairperson: Sean M (440)310-1934		
<u>District 19A</u> (Sheffield Lake, Avon Lake, Sheffield, Avon,) (N. Ridgeville, Eaton, Columbia, Grafton)		
DCM ***** Position Available ****** Alt DCM Ray B		
<u>District 19B</u> (Lorain City Meetings, and Part of Vermilion)		
DCM Tom M		
<u>District 20A</u> (All of Elyria City Meetings and Carlisle)		
DCM ***** Position Available ****** Alt DCM ***** Position Available *****		
District 20B (All Meetings at the Arid Club) DCM		
District 20C (Lagrange, Penfield, Brownhelm Twp., Amherst, Henrietta Twp., S. Amherst, Kipton, Oberlin, Camden Twp. Pittsfield Twp., Brighton Twp., Wellington Meetings.) DCM Christabel R		
<u>District 24</u> (North Olmsted, Fairview Park, West Lake)		

FINANCIAL REPORT - 2016

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Ex	penses:	

Rent Columbia Gas	\$ 700.00 \$ 210.00
All Service (Phones) Ohio Edison	\$ 217.13 \$ 172.21
Time Warner	\$ 172.21
Berry Yellow Pages	\$ 24.80
House Managers	\$1,619.43
Literature Purchases	\$ 229.06
Fund Raising expense	\$ 99.00
Bank Fee	\$ 9.56
Misc	\$ 50.00
Office Expense	\$ 99.00
Total Expenses:	\$3,679.99
Donations/Rents	\$ 2,848.14
Literature Sales	\$ 1,310.10
Fund Raising Income	\$ 28.00
Interest Income	\$.03
Total Income:	\$ 4,186.27
Income for Month:	\$ 4,186.27
Expenses for Month:	<u>\$ 3,679.99</u>

Donations

Amherst Saturday Group Amherst Who Me Attitude of Gratitude Avon Lake 12 Step Discussion Carlisle Lunch Bunch Elyria Monday Closed Discussion Friday AM Discission Grafton Wednesday Night Harbortown Breakfast Industrial Group LaGrange Monday Night Mid Week Morning Discussion Monday Happy Hour Monday Night Lorain North Ridgeville First Step North Ridgeville Men's Oberlin Group Oberlin Women's Closed Group S.I.O.G.A. Safe Harbor Discussion Serenity Hall Sheffield Lake Civic Center Group Sheffield Lake Monday Night St Mary Sunday Night Sobriety Tuesday Night Central **Turning Point**

Rents

GAIN for the Month:

Friday Morning Survivor Lorain Wednesday Group Mid Week Morning discussion Monday Happy Hour Multi-District Meeting Serenity Hall Strength in Sobriety Unity Hall Discussion We Care Tuesday

\$ 506.28