

August

“Easy Does It”

• area54.org •
aaloraincounty.org

Unity LiveWire

710 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM Phone 440 246-1800
Lorain Inter-Group Central Office email address: lorainaa@live.com

2011

“First Things First”

• aa.org •
aaloraincounty.org

Doctor's Report - A physician reviews what years of general practice have taught him about alcohol--and AA

WHEN I came to this town as a medical GP, it wasn't long before chronic alcoholism and acute alcoholism became known to me. Calls at 2 A.M. or some other weird time of night came in and away I'd go to try to help someone who was under the influence. I can't say that I liked this sort of practice of medicine. Sure I helped them at the time, but I didn't achieve any lasting success. The same calls to the same people. I tried hospitalization and I turned out people who were thankful and happy and felt fine--but this didn't last; all my work for nothing; all my lecturing for nothing. I didn't like it. Still I didn't give up and I never refused a call.

I came to think of the alcoholic as an immature individual. He had not grown up to face the problems of living in our day and age. He was full of fears and resentments, and was friendless and not honest with himself or me. He resorted to alcohol because it made him not feel the fears and resentments that he was aware of without alcohol. Only alcohol didn't stop here, but continued its damage so the individual became a confused, messed-up person who didn't care what he did to himself or his many contacts. I considered him to be compulsive in his drinking.

In summary, I found alcoholic patients difficult and unsatisfactory to treat. I found that they didn't come for treatment unless they were extremely sick or had some problem with the law. Most often it would be a call from some member of a desperate family hoping for help not only for themselves, but for a loved one given to alcohol. Often the call came because of an acute bout and all my exhortations to come to the office for further treatment would be of no avail. I found they took a lot of my time for which I became, I'm sorry to say, resentful. The greatest difficulty for long-term cure I found was the high degree of recidivism in alcoholic patients.

Now let's see what my training had been, so far as the treatment of alcoholism was concerned. I had studied alcohol in the chemical laboratory. I knew its relations and its chemical structure and its behavior in chemical equations. I knew its use in pharmacology--that is its use as a carrier for medicines. I knew its poisonous effects on body tissues.

I remember being quite impressed when I learned that alcohol was not a stimulant--that what seemed to be stimulation was in reality only the result of alcohol deadening the higher brain centers, so that the lower centers which are normally held in abeyance by the higher ones had to let go their inhibitory powers and the lower centers took over. And the expressions of these lower centers are what we called, or thought to be, "stimulation."

I recall an incident that drove home the power of alcohol to destroy living tissue. I was working at my desk and on the desk was a beaker. with maybe a dozen tadpoles in it. These tadpoles just remained stationary, seldom moving. Somehow I got diverted from what I was doing and began thinking how monotonous a tadpole's life was, and I wondered if a little alcohol would enliven them. So I transferred two tadpoles to another beaker and, with a medicine dropper, added a little pure grain alcohol to the water. I watched and as nothing happened I added, from time to time, a few more drops of alcohol. I never noted an increase in activity. The tadpoles never seemed any happier so I forgot them.

Later that evening when I got ready to leave the lab I remembered the tadpoles and went over to the desk. There were the two tadpoles all right, but they were dead. I concluded that they hadn't had any higher centers to inhibit and the lower centers couldn't take it so the tadpoles had to die. I never forgot this poison demonstration. In sum, my training was concerned mostly with the chemistry of alcohol. We did have lectures on alcoholism, but very little was offered for Rx other than immediate treatment for acute alcoholism.

Much time has passed since those early days of practice and I think I have matured a little and have a changed attitude regarding the alcoholic. The change of attitude was brought about largely through my association with AA and its members. I was invited to the meeting of the local organization soon after its founding. I'll admit I wanted to see what had happened to some of my pets who now belonged to AA. And what I saw pleased me. I saw sick men blossom again and assume good positions in society.

And now, as a result of more experience and a closer study of AA and its work I wish to be of more help to alcoholics. After physical recovery I advise all alcoholic patients to go to AA. I'll call a member for him to talk to; I'll take him to meetings, if that is what he wishes.

A change of attitude toward the problems of alcoholism is truly in progress. The official acceptance by the medical profession of the disease concept of alcoholism has been a big factor. Many more physicians must be encouraged to acquire experience in treating acute and chronic alcoholism and the various organic and mental complications. Hospitals must be induced to accept alcoholics for treatment.

Also changes are taking place in a physician's perception of the kind of treatment the alcoholic needs. Alcoholism is basically more than a medical or psychiatric problem--to me there is a necessity of calling on nonmedical or nonprofessional help.

This is the step forward--the alcoholic needs to go to Alcoholics Anonymous.

William Krouse, M.D.

Reprinted with permission from the GrapeVine August 1965

August

Serenity

2011

Fri. Night

Faith Group

11:00 PM

1741 N Ridge Rd.
Sheffield Village

5th One Topic Disc.

12th Liz W.

19th Frankie B.

26th Sandy W.

Monday Night

Lorain

7:30 PM

Zion Lutheran
Church

5100 Ashland Ave.

1st Stacie S.

8th Jeff W.

15th Maurine W.

22nd Eric L.

Midnight

Elyria Group

12:00 AM

St. Mary's Church
4th & Middle Ave.

6th Shaun M.

13th John B.

20th Nyle C.

27th Cowboy

(free dinner)

G.S.R./D.C.M. Meeting: The Multi-District meeting is held at 11 AM on the 1st. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting.

The Lorain Inter-Group Meeting is the 1st. Sunday of the month at 12:30 PM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Be Active)

Advisory Board Meeting: The meeting will be held at 6:30 PM on the 3rd. Wednesday of the month, at the Inter-Group Office.

Lorain Inter-Group 50/50 Raffle

Last month's Lorain Inter-Group 50/50 Raffle Winner: Jill C. , \$56.00 Sold by Kenny C. Just another way that you can Help support the Lorain Inter-Group. Buy a TICKET . Be A Winner.

Meeting Update: Birmingham Spaghetti Dinner has been saved !!! Thursday's at 8:00 P.M.

Step 8: Made a list of all persons we had harmed, and became willing to make amends to them all.

Promise 8: Self-seeking will slip away.

Tradition 8: Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

Concept 8: The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

Friends of porky p.

7th annual pig roast August 13th 2pm-11pm

Scotts lake park

Route 58 between russia road and butternut ridge road

Tickets are 10\$

for information call the inter-group or an advisory board member

The Inter-Group-440-246-1800

Troy Smith-440-365-9018

Come and have some fun !!!

**Music, food, fun, fellowship, raffles
Back by popular demand-the half
measures!!**

And more live music to be announced.. ..

Eat at 4pm must have ticket

Pig cooked by Steve S.

**Hot dogs for kids 12 and under at no
charge**

Pitch in and get active !!!

Group donations are appreciated

Volunteers are welcome

Trust God. Clean house. Help others.

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Arid Club Fundraiser

Saturday, Sept. 24th

Chicken Dinner 5-7 p.m.

Lead @ 8:00 p.m.

Dance @ 9:00 p.m.

At the Arid Fellowship Club

Tickets:

Single \$8.00, Couple \$15.00

Thought to Consider . . .

***My Mind Is a Garden, My Thoughts
Are My Seeds. I Will Harvest
Either Flowers or Weeds !***

3RD Annual Road to Hope Golf Outing

Saturday, August 27th
Pheasant Run Golf Course
In LaGrange
Shotgun Start, 4 man Scramble.
Maximum 30 Teams
Start: 8:00 am

Contact:

Jeff Kamms 440-452-7342
Ted Englehardt 440-759-2302

Easy Does It

Please submit your groups' or personal anniversaries to the Livewire by the 25th of each month. Anniversaries will not be carried over to the next year for publication automatically. Thank you for your cooperation.

For information on Cocaine Anonymous, Narcotics Anonymous or Al-Anon meetings, please contact the Intergroup office at 440-246-1800.

Elyria Sunday Night Group

St. Jude's

Breakfast in the Park

Join us at

High Meadows Park, Ford Road in
Elyria
(behind Elyria Wal-Mart near
Midway
Mall)

Breakfast: 9:00 a.m.

Lead: 10:00 a.m.

Dates:

Aug. 21

Breakfast includes:

Scrambled eggs, Cheesy hash brown potatoes,
bacon, sausage, toast, juice, and coffee.

Breakfast Cost: \$3.00

Area 54
Workshop

3rd Sunday

Aug 21st.,
2P.M.

12 Step
Recovery
Club

Brunswick



Friday Nite

Haven

7:00 PM

Haven Center
1536 E. 30th St.,
Lorain

5th Judy S.

12th Sober Alc

19th Mary K.

26th Susan B.

Elyria Sunday Night

Annual Steak Fry

Sunday, September 18, 2011

1 p.m. - 4 p.m.

High Meadows Park

Ford Rd.

(behind Toys R Us)

Tickets \$12.00

Proceeds Benefit the Children's
Christmas Party

• August Anniversaries •

1st. Lillie R. 12 yrs.

10th. Jamie W. 2 yrs.

11th. Diane J. 23 yrs.

11th. Jamie R. 4 yrs.

14th. Ken Z. 12 yrs.

18th. Johnny M. 4 yrs.

17th. Lynda C. 2 yrs.

23rd. David R. 5 yrs.

23rd. Dan H. 30 yrs.

24th. Betty 5 yrs.

25th. Long John 13 yrs.

27th. Tim C. 18 yrs.

28th. Randy S. 2 yrs.

30th. Felix S. 30 yrs.

31st. Mike S. (Bear) 8 yrs.

*

Thought for the Day:

AA is like the mob.

If you leave,
you're dead!



Phone Line Report:

Month of July 2011

12 Step Calls.....	6
Sponsorship.....	1
Al-A-Non.....	4
Meeting Info.....	73
General Info.....	53
Phone Service.....	87

Total:..... 224

Notice to All

The Lorain Intergroup Office is actively seeking new Advisory Board Members., especially from Vermilion, Lorain, Avon Lake, Sheffield, Wellington, Grafton or North Ridgeville areas of the county. Requirements are 3 years of continued sobriety, availability on the 3rd Wednesday of the month and 1st Sunday of the month for meetings, and a commitment to service. If you are interested, please submit a letter of intent to any board member or contact the InterGroup Office.

Survivors List:

Groups in need of
Support to stay afloat . Please
Attend, Contribute,
Be Active, Help Chair,
Be a Secretary,
Be Responsible

Friday Night Faith Group

11:00 PM

Arid Club

1741 N.Ridge Rd.

Tuesday Night Haven

7:00 p.m.

Friday Nite Haven

7:00 p.m.

Haven Center

1536 E. 30th St., Lorain

Sat. Young Person's

Group

Sat. 2:00 PM

Monday Big Book

Discussion

7:30 PM

Midnight Elyria Group

12:00 AM

St. Mary's Church

4th & Middle Ave.

Great Fact Group

Wed. 12:00 pm

Pilgrim United Church of
Christ

523 E. Broad St. & Winckles
St., Elyria

Sunday Living Life

5:30 PM

1730 Broadway JFK

Back Entrance

Turning Point

Thursday 6:00 PM

Elyria Baptist Church

276 Washington Ave.

We Need Your Help!!

Don't let them Close

HELP SUPPORT

THE GROUPS.

We print all our mistakes due to some people that's all they look for, and we want to make everybody happy!!!

ATTENTION: Lorain County A.A. Community - help needed on various Committees! If interested, please contact one of the Advisory Board Members and VOLUNTEER!!!! Help Make A Difference!!!

Committee Chairs

Unity LiveWire Committee

Patti Rodgers 440-284-6677
*e mail prodgers7@windstream.net

Internet Committee (aaloraincounty.org)

Mike.....440 670-9910
e mail webmaster@aaloraincounty.org

Correctional Committee

Alan Revercomb440 541-2473

Archives Committee

Linda S.440 245-2928

Public Information Committee

Bob Pyle.....216-224-7657

Pig Roast Committee

Troy Smith.....440 365-9018

Memorial Day Breakfast Committee

Donna Lawson.....440 574-3464

Grapevine Committee

Linda S.440 245-2928
Coretta Farley440 308-1714

Picnic Committee

Art C.....440 773-9474

District Committees



District 19A (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton
DCM Ellen Winson.440 327-8812
Alt DCM Bob P.216-224-7657

District 19B (Lorain City Meetings and some in Vermilion)
DCM. Linda S.....440-245-2928

District 20A (All of Elyria City Meetings a Carlisle)
DCM Patty McMullen.....440 365-3778

District 20B (All Meetings at ARID Club)
DCM. Judy Sexton.440 322-2619

District 20C(LaGrange, Penfield, Brownhelm Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Twp., Pittsfield Twp., Brighton Twp., Wellington Meetings)
DCM. Patti Rodgers440-284-6677
Alt DCM Donna Lawson.....440 574-3464

Financial Report

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the Month of June, 2011.

Rents:

Month of June , 2011

1. Blue Monday
2. Lorain Consolidated Group
3. Mid Week Morning Discussion
4. Sharing Our Sobriety
5. Spanish American
6. Tuesday Night Central
7. Unity Hall Discussion
8. We Care Tuesday Morning Discussion

Month of June 2011

Donations/Rents	\$4,299.45
Coca Cola Sales	\$0.00
Interest Income	\$0.37
Total Income	<u>\$4,299.82</u>
Total Expenses	\$3,250.74

Expenses

1. Rent \$8650.00
2. Columbia Gas \$168.00
3. All Service Telecommunications \$152.03
4. Ohio Edison 710 Broadway \$163.22
5. Time Warner \$92.71
6. House Managers \$1,549.51
7. Pay Cor Fees \$64.29
8. Live Wire Printing \$69.00
9. Berry Yellow Pages \$20.05
10. Meeting Room Paint & Supplies \$50.05
11. Check Printing 400 Checks \$10.72
12. Pig Roast Advance \$100.00
13. Petty Cash \$100.00
14. Bank Service Charge \$11.16
15. Return Donation to Jennifer's Gate \$50.00

<u>Donations/Rents</u>	1.....	\$411.47
<u>By Week</u>	2.....	\$1,630.30
	3.....	\$726.32
	4.....	\$694.59
	5.....	\$836.77

Total Gain June, 2011 **\$1,049.08**

\$4,299.45

When making Donations to the Lorain Inter-Group, Area 54, Multi-District, or the General Service Office in New York. PLEASE put your Groups General Service number on the Donation. You can find your Groups General Service number in the meeting schedule or on the internet at aaloraincounty.org under A.A. Meetings. Please put your Area & District numbers on the donation, it also helps to identify your Group. If you don't have a General Service number under your Groups information in the meeting schedule you can contact your District Committee person listed in the LiveWire to help you get registered.

Donations

1. AAmherst Saturday Night
2. Back To Basics Discussion
3. Birmingham Twilight
4. Blue Monday
5. Carlisle Lunch Bunch Discussion
6. CBS Big Book Step Study
7. Compass Group
8. Early Morning Discussion
9. Elyria Men's Stag
10. Elyria Sunday Night Group
11. Elyria Women's Discussion
12. Friday Morning Survivor
13. Friday Night Amherst
14. Friday Night Avon Lake
15. Friday Night Haven
16. Grafton Wednesday Night
17. LaPorte Tuesday Group
18. Lorain Inter-Group 50/50 Raffle
19. HMid Week Morning discussion
20. Midnight Elyria Group
21. Monday Morning Live Discussion
22. Monday Night Lorain
23. North Ridgeville Big Book Discussion
24. North Ridgeville Men's
25. Oberlin Breakfast Group
26. Oberlin Group
27. Oberlin Women's Closed Group
28. Saturday Night Security
29. Saturday Twelve Step Discussion
30. Serenity Hall
31. Sheffield Lake Civic Center Group
32. St. Mary's Sunday Night Sobriety
33. Stepping Into Sobriety
34. Thursday Morning Big Book Study
35. Tuesday Night Haven
36. Wednesday Morning Discussion

Board Of Directors

Chairperson	Ken Cain.....	322-2496
Vice-Chairperson	Donna Lawson.....	574-3464
Treasurer	Bill Post.....	933-4153
Secretary	Mark Potter.....	452-5946
Office Managers	Sam Hensley.....	288-4942
	Tom Niemiec.....	258-7286
	Keith Shagie.....	258-1159

Advisory Board Members

Troy Smith.....	365-9018
Tom Ortiz.....	315-8600
Nikki Lustek.....	409-2136
Vicki Tomlinson.....	225-1314
Rich Yowler.....	477-1019
Paul Benson.....	933-3925
Patti Rodgers.....	284-6677
Steve Smith.....	308-1352